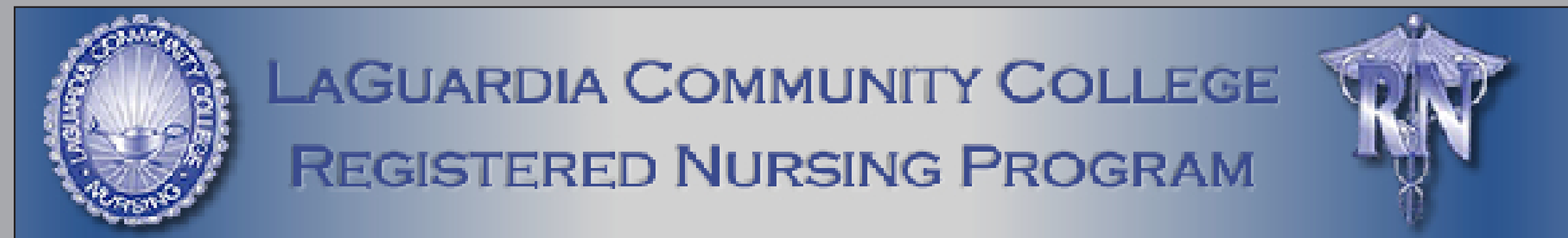


LAGUARDIA COLLEGE EPORTFOLIOS

LaGuardia Community College has used ePortfolios since 2001 to promote pedagogy, in college-wide Program Assessment, and to help students' professional and academic development.



**LAGUARDIA COMMUNITY COLLEGE
REGISTERED NURSING PROGRAM**

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Coursework

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- Skills Checklist
- Other Academic Coursework

SCR210 - Medical Surgical Nursing

Course Description:

This course will focus on nursing care of adults with major health problems. Utilizing the nursing process, students will develop and implement appropriate plans of care for clients. Emphasis will be placed on formulating expected outcomes.



Course Reflection:

This course we had the opportunity to interact and care for patients with a wide variety of clinical conditions. Moreover, some patients on medical-surgical units were recovering from surgeries, while others were possibly hospitalized for an acute condition. Finally, some patients were at the units in final stages of a progressive and chronic disease.

Assignments:

- [Nursing Tool 1](#)
- [Nursing Tool 2](#)
- [Teaching Plan](#)
- [QR Experience](#)
- [Care Plan](#)

LAGUARDIA COMMUNITY COLLEGE City University of New York SCR 210 NURSING PROCESS TOOL		Historical Data : Client's Initials: JL Room: 11-2 East, M. Age: 13 Religion: Muslim Orientation: Businessman Cultural/Ethnic Background: India Admitting Date: 10-21-09. Reason for Admission: Rectal Pain	Admitting Diagnosis: Absence of anal and rectal region Secondary Diagnosis: HTN, Uncontrolled Diabetes Mellitus Surgical Procedures: None Date: N/A Health History: DM Non-insulin dependent
Data - Label S for Subjective, O for Objective			
A. Rest/Usual, alterations none, with illness/hospitalization) Hours of sleep each night: "I sleep 8hrs at home, but here I sleep less" (S) Difficulty falling asleep; early awakening; rest during days manifestation of sleep deprivation- None (O) Assistive measures: warm socks, medications, etc.- None(O)	Sleep As people get older tend to take longer to fall asleep, awaken more easily and frequently, and spend less time in deep sleep. Older people are more likely to be awakened because of environmental factors such as noise, pain, nocturia. (B&S, 235)	Nursing Diagnosis Risk for disturbed sleep pattern r/t hospital environment and discomfort.	
B. Activity Degree of mobility of all joints; condition of joints - Client feels pain while moving joints around perianal area(O) Ability to flex and extend limbs against graduated resistance- Able to flex and extend limbs against graduated resistance(O) Hand grasp- bilateral; coordination- Pt. demonstrates normal coordination and bilateral ability to grasp my hand. (O) Ability to stand, assistance needed; posture, gait, balance- Pt is on bed rest so not able to stand for long periods and needs partial assistance for ADL (S) Assistance needed to transfer, stand, walk and use of assistive devices (cane, crutches, walker, wheelchair)- None(O) Ability to perform ADL- Partial help needed(S) Restrictions imposed by health problems/therapeutic modalities- Bed rest(S) Other factors that may affect mobility - Pain (O)	Pain Pain (chest, joint) chest may interfere with sleep, fatigue and muscle tension and may also affect ADL function. Immobilized body parts produce discomfort or suffering. Once clients suffers from pain there can be serious impairment of functional status, mobility, ADL, social activities and activity tolerance may be reduced. (P&P,1236)	Acute pain(around perianal area) r/t tissue damage (abscess)and chest feels pain when moving around perianal area	
	Immobility Patients who are ill or injured are frequently placed on bed rest or have their activities limited. Problems commonly associated with immobility include weakened muscles, joint contracture and deformity. (B&S,163)	Risk for activity intolerance of bed rest, immobility secondary to weakness.	

Prof. Octaviano, 5/67

Data - Label S for Subjective, O for Objective		NURSING DIAGNOSIS	
		DATA ANALYSIS (Indicate Source)	Nursing Diagnosis
A. Urinary Voiding (Usual, alterations associated with illness and hospitalization)- None (S) I Frequency, urgency, dysuria- No urgency, no dysuria.(O) M Urine: quantity, color, clarity, odor, Sp. G.- N/A I Lab: urinalysis N/A, C/S N/A, BUN 9 (norm= 8-22); creatinine 1.0 (norm= 0.4-1.0); N Assistive devices (showering, external catheter) Structural adaptations; urinary diversion- None(O) I Retention/urinary distention- None(O) O Other factors that may affect normal urinary elimination- Medication, immobility(O)	Immobility and constipation Clients confined to bed are often constipated. Physical activity promotes peristalsis, whereas immobilization depresses peristalsis. Weakened abdominal and pelvic floor muscle impairs the ability to increase intra abdominal pressure and to control the external sphincter. muscle tone may be weakened or that impairs nerve transmission so patient are more prone to constipate. (B&S, 1337)	Risk for constipation of immobility, pain and medications.	
B. Bowel Evacuation patterns (Usual, alterations associated with illness & hospitalization)- Normal daily pattern I Last BM-Pt. stated "I am scared to defecate because of pain" (S) N Stool: quality, color, consistency, presence of blood, mucus- Pt. stated to have a good consistency, color and quantity and denied presence of mucus. (S) I Assistive measures: laxative, enemas, suppositories- None. A T Assistive measures- Bowel sounds present in all four quadrants (O) O Bowel sounds- Bowel sounds present in all four quadrants (O) N Abdomen: distension, firmness, tenderness- Non distended, soft non-tender, no masses, no palpable organomegaly. (O) Structural adaptations; Ostomies- None Other factors that may affect normal bowel elimination - Limited mobility, Medications. (O) Affects: withdrawn, sad, cheerful, angry, blank expression- (O)	Morphine use leads to Constipation is a side effect. (Davis Drug Guide, 567)		
A Well appearing and non-distressed (O)			
C Ability to communicate (verbal & non-verbal)- Pt. is able to communicate effectively and coherently in English. (O)			
E Barriers to communication: language, facility, aphasia, frustration/E.T. tube, perceptual impairments, developmental disorders, etc.- None.			



Xochitl Estrada

[site map](#)

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COURSEWORK

▼ LAGCC Courses

- HUA 103 - Beginning Drawing
- HUA 104- Introduction to Design
- HUA 180- Life Drawing
- HUA 106- Three-Dimensional Design
- HUA 285- The Graphic Narrative
- [HUA 289- Art and Design Seminar](#)
- HUA 107- Form and Structure

▼ Baruch Courses

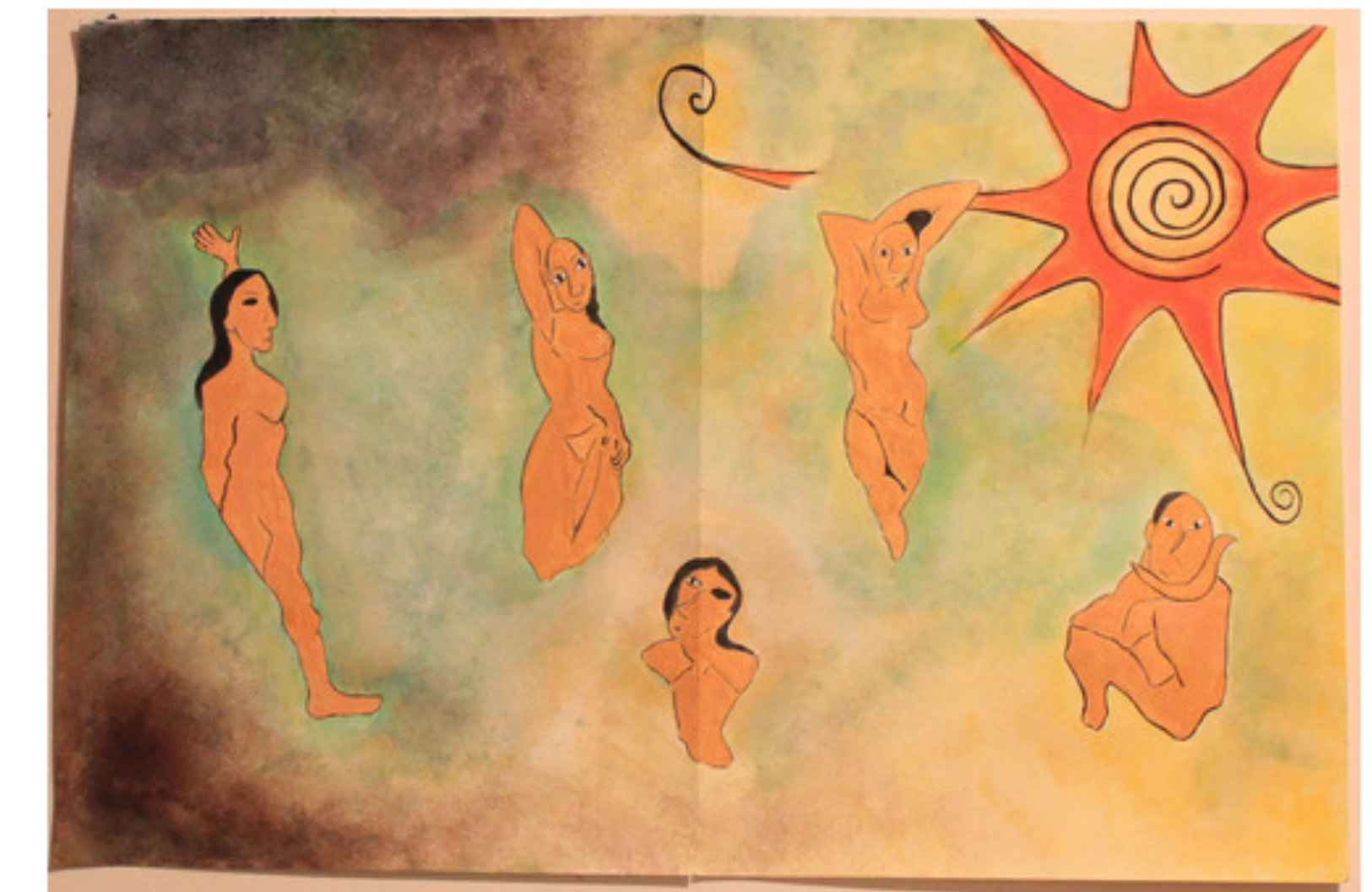
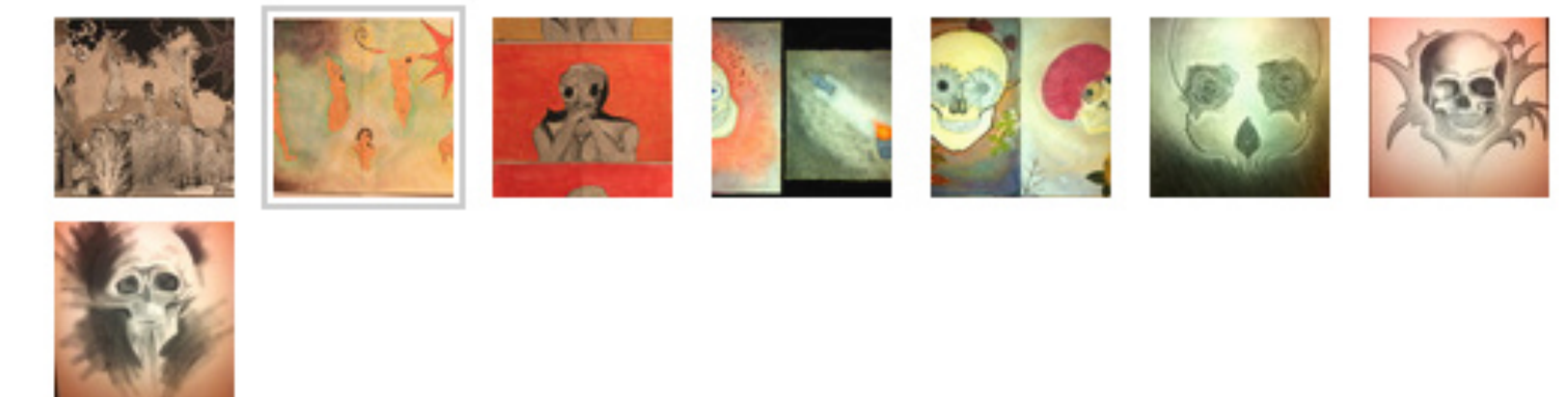
- CGI0017- Portfolio Management
- CGI0002- Illustrator Cs5
- CGI0003-Indesign Cs6
- CGI0006010-Flash Cs6
- CGI0001-Photoshop Cs6
- CGI000501C-Typography
- Volunteer Work
- Personal

HUA289-Art & Design Seminar Prof. Arthur Simms Spring I 2013

Course Description: Students were engaged in self-directed research in the form of written, and creative projects specific to their discipline; Fine Art, Design, Art History, or Graphic Illustration. These projects developed in consultation with the Instructor. Students developed oral and visual presentations, and participate in class critiques. Art majors were required to complete and finalize their portfolios, and E-portfolios, made up of representative examples of studio work.

Course Reflection: In this class we really got to experiment with different mediums and ideas. I really got to know myself better after this because I never knew how much fun it was to use mixed mediums. After analyzing and doing reflection work on Picasso and De Kooning I learned that I actually quite enjoy some abstract work. This feeling was reinforced when we visited the Chelsea galleries. Over all, this class really helped me learn about art, design, and myself.

Assignments:



Color rendition of Picasso Collage
Acrylic on watercolor paper
36x48

[Show Comments \(0\)](#)

"The best way to make your dreams come true is to wake up" -Paul Valery